

POST-TREATMENT INSTRUCTIONS

Your Root Canal Treatment is NOT complete:

- * The treatment on your tooth is **NOT** complete. It is essential for you to return to our office for further treatment.
- * Do not eat anything for the first hour following the procedure and then eat soft foods only for the rest of the day. It is advisable to chew on the opposite side until treatment is completed.
- * The outer surface is filled with a temporary filling, which is hard and may last for many weeks. However, this is not intended to be the permanent restoration for your tooth, and should be replaced with a permanent filling after your root canal is completed.

Discomfort:

- * Even if you were not experiencing any discomfort prior to treatment, it is normal for you to experience some degree of discomfort for a few days. This tenderness is normal and is no cause for alarm.
- * Discomfort may be alleviated by taking Aleve, ibuprofen (Advil), aspirin, or acetaminophen (Tylenol) as directed. Warm salt water rinses (1/2 teaspoon of salt in 8 ounces of water) may also help. If you are already taking medications such as antibiotics, please continue to take the medication as directed.
- * Should you experience discomfort that cannot be controlled with the above medications, or should swelling develop, please contact our office.

Swelling/Infection:

- * Although it is impossible to predict with certainty, post-treatment swelling/infection is not expected to occur after endodontic treatment. Thus, routine antibiotic treatment is not warranted. However, on occasion, some experience pain and/or swelling after endodontic treatment is performed (termed "flare-up"). If this occurs, you should contact our office for further treatment of these symptoms (which may include treatment and/or medications).

If you have any questions, please do not hesitate to call our office.

- **Please take medications prescribed as directed.**

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