

## **Root Canal Post-Operative Instructions**

- Take 400-600mg of ibuprofen every 4-6 hours for pain.
- Remain on a soft, cool diet until the anesthetic has worn off.
- DO NOT chew on the tooth directly until a permanent restoration is placed.
- Take prescribed medications as directed.
- If instructed to take antibiotics, take them until finished.

It is normal to have discomfort, pain or swelling after your treatment.  
The discomfort usually diminishes within 3-5 days.

***PLEASE UNDERSTAND THAT YOUR ROOT CANAL IS NOT COMPLETE.  
YOU MUST RETURN FOR ANOTHER APPOINTMENT.***

**Please call the office if you have significant pain, swelling,  
allergic reaction or bite feels high.**

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